Patient falls prevented through collaboration, staff engagement and the right content

The Challenge:

A 351-bed hospital and rehabilitation center serving one of the largest municipalities in New Jersey was experiencing a substantial spike in patient falls, specifically within the facility’s stroke unit. Over the course of 6 months, 24 patient falls were documented.

Motivated to reduce these figures, the following goals were identified:

- Increase patient engagement and education about fall safety.
- Improve patient access to fall prevention education.
- Provide staff with tools to track and measure patient comprehension.

Implementation Leveraging pCare™ Interactive Patient System:

The pCare™ system was at the heart of a well-defined approach to increase patients’ awareness of precautions and safety measures to avoid the risk of falling. The hospital modified its workflow from the time of patient admission, engaging and focusing the clinical teams to address fall prevention using pCare, and incorporating the video and teach back in clinical rounding.

Results:

Within six months of implementing the fall education campaign, the fall rate decreased a remarkable 75% to an average of one fall per month.